ASSESSING CONFIDENCE OF UNDERGRADUATE STUDENTS IN AN EAAT SERVICE-LEARNING COURSE

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THE UNIVERSITY OF ARKANSAS
EQUINE ASSISTED ACTIVITIES AND THERAPIES (EAAT) COURSE

• HTTPS://SERVICELEARNING.UARK.EDU/
STUDENTS

Equine Assisted Therapy
Fall 2017 | ANSC 410V | Tuesdays 4:30-7:30pm
3 credit hours | no prerequisites

This course teaches the ways horses can help humans. For more information contact Dr. Jogan at Kjogan@uark.edu

“As a person with little horse experience, this class was extremely beneficial. It was surprising to see the many therapeutic benefits that horses have to offer.”

-Natalie Lankford, Psychology
COURSE COMPRISED OF

• Lecture
• Horse handling practice
COURSE COMPRISED OF

• TEAM BUILDING
• WHAT IT IS LIKE TO HAVE A DISABILITY
• REPORTS FROM EAAT PARTICIPANTS
SERVICE-LEARNING ALLOWS STUDENTS TO SEE FIRST HAND HOW EAAT WORKS
STUDY DEMOGRAPHICS

• 39% SENIORS, 50% JUNIORS, 11% SOPHOMORES
• 45% HAD HORSE EXPERIENCE
• 8% HAD VOLUNTEERED FOR AN EAAT AGENCY
• VARIOUS MAJORS:
  • 58% social Work/ Psychology
  • 27% Animal science
  • 15% Nursing, Creative writing, communications, Public Health, education, Criminal Justice
COURSE OBJECTIVE:
INCREASE CONFIDENCE IN STUDENTS AIDING PEOPLE IN AN EAAT SETTING

Confidence Markers

- I am confident communicating with people with disabilities.
- I feel confident providing assistance to children in an EAAT setting.
- I am confident assessing the type EAAT that would be most beneficial for a client with a specific emotional or physical disability.
- I am confident assessing the type of horse that would be most beneficial for a client with a specific emotional or physical disability.
- I am confident in my abilities to help children with emotional or physical disabilities around horses.
ASSESSMENT TOOL

- Researcher- Developed
- Adapted from Al-Qaaydeh, Lassche, & Macintosh, 2012
- Face & Content validity through expert review & pilot testing
- Administered Pre- and Post course
- Rated on 1-4 Likert Scale (1=strongly disagree; 4=strongly agree)
- Analyzed using Chi Square analysis in PROC Freq
RESULTS
AFFECTIVE INDICATORS & UNEXPECTED OUTCOMES
REFERENCES


Questions?